

# Start tackling that pain with Malvern Surgeries

Do you have a foot, knee, hip or back problem? If you do, take the opportunity to visit the Malvern Surgeries during their open day on Saturday March 19 and see whether podiatrist David or chiropractor Catherine can help you.

During the day a limited number of free chiropractic checks and podiatric consultations and short treatments will be available. To book, call 01684 561342.

The open day has been organised to celebrate the launch of David Williams' new website: [www.malvernpodiatrysurgery.co.uk](http://www.malvernpodiatrysurgery.co.uk). If you are unable to attend on the day, why not look them up on the website?

The website provides comprehensive information on the Malvern Podiatry's wide range of services. These include consultations, routine foot care, minor surgery, cryosurgery for warts and verrucae, and physical therapy for sports and dance injuries.

There are a number of foot screens for patients requiring

advice or a short treatment for a specific problem. These include dermatological, circulatory, diabetic and biomechanical foot screens.

The site also provides information on a large number of foot conditions ranging from corns and calluses and ingrowing toenails to sports-related symptoms such as tendonitis and plantar fasciitis (arch pain).

And there is a sale section detailing a wide range of professional foot products available at the Malvern Surgeries. During the open day these will be reduced by 20 per cent across the range.

The Malvern Podiatry Surgery Website has a link into the Three Counties Chiropractic website. The multi-disciplinary approach that David and Catherine are able to offer can be of great advantage to their patients.

A biomechanical assessment by a podiatrist can be very beneficial for patients experiencing pain in the feet, lower limbs or back, particularly if no cause has



**David Williams from Malvern Podiatry Surgery and Catherine Owers from 3 Counties Chiropractic Clinic**

been established. If the feet roll in this can cause the legs to rotate and this in turn places abnormal physical stresses on the back, hips and knees.

Depending upon presentation of symptoms, David and Catherine routinely refer patients to each other. For example, Catherine will treat localised back pain, while David can provide orthoses to reduce stresses affecting the back.

Catherine says that chiropractic treatment has proved to be one of the most effective forms of healthcare for a wide range of joint and muscle-related problems

including headaches, neck and back pain, sports injuries, repetitive strain injury and tennis elbow.

Chiropractors combine orthopaedic and neurological examination together with various investigative techniques such as MRI to diagnose and then treat a wide of musculoskeletal conditions. Catherine is able to arrange MRI scanning at very competitive rates for her patients at the Linton House imaging centre in Cheltenham.

To book a free 10-minute chiropractic examination during our open day on Saturday, March 19, please call 01684 561342.



## The Malvern Surgeries

### Open Day

**Saturday, 19<sup>th</sup> March**

[www.malvernpodiatrysurgery.co.uk](http://www.malvernpodiatrysurgery.co.uk)

To promote our new website

David is offering a limited number of free short consultations & treatments & Catherine is offering free spinal examinations on the day to new patients.

If you have a foot or back problem & would like to make a short appointment call

**Malvern (01684) 561342**

*Limited places available*

**Fact  
File**

**BUSINESS NAME:** Malvern Surgeries

**BUSINESS TYPE:** Malvern Podiatry Surgery  
& 3 Counties Chiropractic

**ESTABLISHED:** 1980

**PRACTITIONERS:** David Williams &  
Catherine Owers

**ADDRESS:** 64 Worcester Road, Malvern.  
WR14 4AB

**TELEPHONE:** 01684 561342

**WEBSITE:** [www.malvernpodiatrysurgery.co.uk](http://www.malvernpodiatrysurgery.co.uk)  
[www.3countieschiropractic.co.uk](http://www.3countieschiropractic.co.uk)

**E-MAIL:** [info@malvernsurgeries.co.uk](mailto:info@malvernsurgeries.co.uk)